

Sargent Public School

April Newsletter

FBLA News	2
Story Book Theatre	3
Preschool and Kindergarten Enrollment	4
Grades 6-12 Family Tips	5-6
Title –Helping Children Learn	7-8
Honor Roll	9-10
Breakfast Menu	11
Lunch Menu	12
April Calendar	13

2025 Speech Team District and State Meet Results



District Speech Results

Maci 4th in POI
Alli 4th in Informative,
Corbin 5th in Persuasive
Luqman 6th in Persuasive
Miah 4th in Entertainment
Travin 5th in Informative,
Wyott and Corbin 3rd in Duet,
Yahya and Cooper 1st in Duet
And the team placed 3rd overall!

2025 State Qualifiers

Corbin Bye and
Wyott Fauss-Duet

Cooper Busch and
Yahya Harris-Duet

Both Duets Earned
Superior Ratings

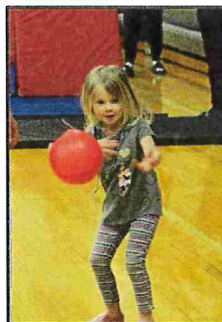
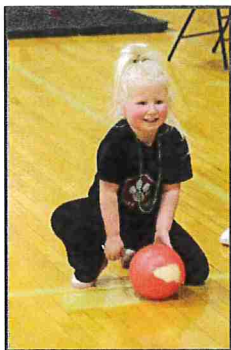


FBLA NEWS

On Tuesday, March 25th, our FBLA chapter hosted the 12th Annual Kid's Carnival. Tickets were \$7 each and the students' received prizes before they left. The games included: bowling, ball pong, face and nail painting, cakewalk, football throw, corn hole, obstacle course, basketball shooting, Hot Wheels racing, putt putt golf, and a giant Sorry game. Concessions were available with a bulldog meal deal, homemade bars, and caramel apples. There was a good number of rambunctious kids here to play games at this year's Kid's Carnival. The money from the carnival along with donations went to Kendri Selko. Huge thanks to those who helped and attended.

Another work in progress is preparation for the State Leadership Conference. The conference will be held in Kearney on April 10th-12th. The attending students include Kooper, Hayden, Carsen, Luqman, Jackson, Carter, Corbin, Yahya, Alli, and Kinley. Many of the kids have already pre-submitted reports and taken tests and we learned recently that many of those events that were submitted early earned eight members into the finals at State! These hard-working students will have the opportunity to compete in diverse competitions, participate in interactive workshops, attend presentations by business leaders, and make connections with other students across the state. Good luck to those attending!!

Alli Smith, Reporter





K-6
STORYBOOK THEATRE NIGHT

Thursday, April 10th
6:30-7:30 pm
in the Gym

Join us as our talented students take the stage to perform their favorite stories.



Open to parents and the public.

Sargent Public Schools

PRESCHOOL

&



**KINDERGARTEN
ENROLLMENT**

NOW OPEN

**FOR THE 2025/26
SCHOOL YEAR**

PRESCHOOL

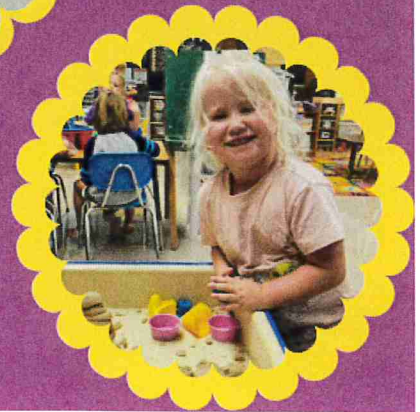
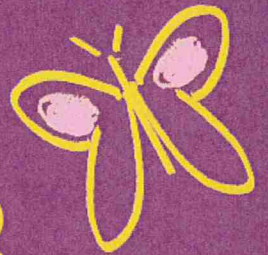
AGE 3/4 BY JULY 31, 2025

KINDERGARTEN

AGE 5 /6 BY JULY 31, 2025

ENROLL NOW

Call 308-527-4119



*Mark your calendar for Roundup on
May 9th!
More information to come.*



Help Kids Make Friends and Interact Safely Online

So much of kids' social lives happens online. Whether they're texting with their study group, flirting on social media, or voice-chatting on game platforms, middle and high schoolers can learn to communicate in safe and healthy ways. These skills will help kids -- and the people they're communicating with -- have positive experiences online.

Check out these 4 tips 

1

Give them the right words.

Kids learn about appropriate verbal and physical communication from watching you. But online conversations can be invisible. Occasionally, narrate as you're writing texts or social media comments when your kids are in earshot.

2

Learn about their worlds.

Tweens and teens have unique communication styles—especially online. As much as possible, keep an eye on what they're saying and doing online to understand the norm in their worlds. Don't police everything they say, but keep an ear out for aggressive trash-talking, hate speech, rude images, or anything hurtful. If you see stuff that crosses the line, speak up. Kids need to understand that their words have consequences.

3

Empathize with the pressure to overshare.

Tweens and teens might feel pushed into sharing a sexy photo for different reasons: a dare, fear of damaging a relationship, or just because "everyone else is doing it." But this one is nonnegotiable. Tell them that you understand how bad it can feel to disappoint a friend. Then help them imagine how much worse it would feel if a private picture were shared with their whole school.

4

Develop their instincts.

Help kids learn to trust their guts so they can suss out creepy, risky, or otherwise unsafe online situations. Playact a few scenarios: What if someone asks to take a conversation private? What if someone asks for your phone number? What if someone invites you to a private chat room? Be aware that some kids (even "good" kids) will explore iffy stuff online out of curiosity. But the minute they feel uncomfortable, they need to shut things down.



Help Kids Post, Comment, and Upload Responsibly

As tweens and teens start sharing content and engaging with others online, it's important for them to understand the tracks they're leaving behind and what those tracks might reveal. Parents can help guide kids toward creating the kind of footprint they can be proud of.

Check out these 4 tips 

1

Be a role model.

Before you post a photo of your tween or teen on social media, ask them if it's OK to share. Not only will you give them control over their own digital footprint, you'll be showing them what you expect them to do with others' photos.

2

Use privacy settings.

Sit down with tweens and teens to show the privacy settings you use on your apps and devices. Talk about why you keep certain information private or limited to a small group. Ask them what information they feel comfortable sharing and why.

3

Look to the stars.

Scroll through the Twitter or Instagram feed of a famous celebrity, artist, or politician. Discuss the image they project based on their posts. Ask your kid what kind of image they would like to create—and what kinds of things (funny stories, silly memes, heartfelt videos) add or detract from that.

4

Search yourself.

Take turns looking up your name and your kid's name on a search engine and a social platform. Discuss the results. Are you both comfortable with what information and images are available to strangers? Is there anyone whom you wouldn't want to see those results?



Helping Children Learn[®]

Tips Families Can Use to Help Children Do Better in School

Title I-Educational Service Unit 10



April 2025

Make a difference to your child and the school by volunteering

When families volunteer to help the school, learning improves for all the students. Every family can help in useful ways, and it's never too late to begin.

National Volunteer Week is April 20-26—and it's an ideal time to give volunteering at school a try. Here are six reasons to get involved now:

1. It benefits your child.

Whether you volunteer in your student's classroom, elsewhere at school or from home, you are showing that you think your child's education is important. Children whose families are engaged with school do better.

2. You can get to know teachers and other school staff. And you will know who to ask for help if your child needs it.

3. You can get to know other families who are volunteering, too. They can be valuable sources of information and advice.

4. The school benefits. When you volunteer, you free up school staff to spend more time with students who need it—which improves outcomes.

5. It's easy. Many schools offer training to volunteers. And if you aren't available during school hours, there are jobs that can be done at home at night or on weekends.

6. It's fun! You will meet interesting students and adults. You may learn new skills. And you'll know you have done something really worthwhile.



Know when to negotiate

It's bedtime, but your child begs, "Ten more minutes, please!" Do you wonder if it's OK to negotiate? The short answer is *yes*, but not on the spot. Once in a while, sit down together to discuss family rules. Listen to and consider your child's opinions. Then, make the final decisions—and stick to them.

Source: "The Art of Negotiating with Kids," PBS Parents.

Make a math tips poster

Help your child create a visible reminder of the many ways to get unstuck when a math problem is confusing. On a piece of posterboard, have your child list strategies such as:

- **Reread** the instructions.
- **Draw** a diagram.
- **Look** at a sample problem in my book or handout.
- **Think** about how I solved other problems like this one.
- **Estimate** an answer and check it out.



One glance at the poster will give your child ways to keep trying instead of staying stuck.

Source: D. Ronis, *Brain-Compatible Mathematics*, Skyhorse.



Provide practice making decisions

Children learn to make well-reasoned decisions by making lots of choices and learning from the results. Offering opportunities to make small decisions now helps ensure that your child will make wise choices when it counts.

The choices you offer your elementary schooler should be age-appropriate, and within boundaries you set. For example, young children can decide which healthy items they want to pack for lunch, or which of two shirts to wear. Older children can decide whether to read or do a math assignment first (but cannot decide to watch a video before getting down to work).

When your child needs to make a decision about what to do in a particular situation, discuss the potential consequences of each option.

If your child makes a poor decision, talk about why it didn't work out. Ask, "What would you do differently next time?" Your elementary schooler will be able to draw on this experience when faced with a future decision.

Attendance is a school skill

Children who are frequently absent from school lose essential learning time. They miss things they can't make up, like discussions and demonstrations in fundamentals like math and reading. Make on-time attendance a priority for your child. To make it easier:

- **Prep for school** the night before.
- **Maintain a bedtime** that lets your child wake up easily, rested and ready to learn.
- **Design a morning routine** that allows time to get ready without rushing.



Q&A How can I instill a habit of timeliness in my child?

Q: I can sometimes be a bit of a procrastinator, and I don't want my child to start doing this, too. How can I help my child develop more positive study habits?

A: You can help your child stay on top of school responsibilities by creating a routine that doesn't allow for putting off tasks. Include these key elements:

- **A consistent study time.** Consider your child's views when choosing a study time. Some kids prefer to dive in right after school so the rest of the day is free. Others have more energy after a break. If no work is due the next day, have your child use the time to read or review.
- **A system.** Encourage your child to create daily to-do lists and cross off completed tasks. Explain that doing tough jobs first can make other work seem easy. If big projects are overwhelming, help your child divide them into smaller, less intimidating parts.
- **Organization.** Have a designated spot for school supplies. Teach your child to put everything away neatly after using it. Being able to find things helps avoid unnecessary delays.

Next, model the habits you want your child to form. When you dread doing something, admit it sometimes. "Ugh. I don't want to pay the bills." Then, do it anyway! Say, "That wasn't too bad, and it feels great to be responsible."



Parent Quiz Are you fostering motivation?

Intrinsic motivation—a desire to work toward success—comes from inside. But you can encourage this feeling in your child. Are you doing what you can to inspire your child to action? Answer *yes* or *no* to the questions below:

1. **Do you teach** your child to set goals?
2. **Do you help** your child make progress charts of steps to take to achieve goals?
3. **Do you offer** praise when your child works hard?
4. **Do you teach** your child that learning from mistakes is a key step in the process of getting smarter?
5. **Do you say** often that you know your child can succeed in school?

How well are you doing?

More yes answers mean you are taking steps to raise a motivated student. For each no, try that idea.

*"The only thing standing between you and outrageous success is continuous progress."
—Dan Waldschmidt*

Be a reading role model

Research shows that having a reading role model at home is an important factor in whether children see reading as something that is "cool" and worth doing. To be a model for your child:

- **Show that you value** reading by doing it every day.
- **Tell your child why** you are reading: for information, for pleasure, to double-check something you think you know, etc.
- **Talk about unfamiliar words** you read. Look up their definitions together.
- **Share interesting things** you read with your child.

Source: A. Cole and others, "Role models and their influence on children and young people's reading," National Literacy Trust.

Help 'flip' negative feelings

All children feel worried or upset sometimes. To help your elementary schooler manage these feelings in healthy ways:

- **Help your child** put feelings into words. "It sounds like you're worried no one will sit with you at lunch tomorrow."
- **"Flip" the thought.** Talk about ways to think about the issue that are more helpful. Your child might think, "I can ask my reading buddy to have lunch with me."



Be specific about respect

One of the best ways to teach respectful behavior toward others at home and at school is to talk about specific actions your child should take in particular situations. For example, if your child interrupts you when you are speaking, you might say, "When someone else is talking, it's respectful to listen until the person is finished. Then, you can have your turn."

Source: P. Denton, *The Power of Our Words: Teacher Language that Helps Children Learn*, Center for Responsive Schools, Inc.

Helping Children Learn®

Published in English and Spanish, September through May.
 Publisher: Doris McLaughlin.
 Publisher Emeritus: John H. Wherry, Ed.D.
 Editor: Alison McLean.
 Translations Editor: Victoria Gaviola.
 Copyright © 2025, The Parent Institute®,
 a division of PaperClip Media, Inc.
 P.O. Box 7474, Fairfax Station, VA 22039-7474
 1-800-756-5525 • www.parent-institute.com

Quarter 3 Honor Roll

Students with Distinction (All A's)

Eve	Kipp	12	All A's
Miranda	Olson	12	All A's
Kooper	Keefe	11	All A's
Hayden	Nelson	11	All A's
LoReena	Schauda	11	All A's
Carsen	Vincent	11	All A's
Bambi	Conner	10	All A's
Carter	Hall	10	All A's
Jackson	Hall	10	All A's
Luqman	Harris	10	All A's
Maci	Smith	10	All A's
Cooper	Busch	9	All A's
Corbin	Bye	9	All A's
Yahya	Harris	9	All A's
Conner	Nelson	9	All A's
Lane	Bye	7	All A's

Quarter 3 Honor Roll

Students with Honor (All A's & B's)

Nevaeh	Ducharme	12	A's & B's
Justin	Folkers	12	A's & B's
Ragan	Mauler	12	A's & B's
Riley	Osienger	12	A's & B's
Grant	Ottun	12	A's & B's
Adolph	Pesek	12	A's & B's
Aolany	Acosta-Saenz	11	A's & B's
Xackary	Lowry	11	A's & B's
Brinley	Smith	10	A's & B's
Alli	Smith	9	A's & B's
Blake	Bottorf	8	A's & B's
Kinley	Keefe	8	A's & B's
Nathan	Lowry	8	A's & B's
Jenna	Wilson	8	A's & B's
Quade	Smith	7	A's & B's

APRIL 2025

BREAKFAST

- May 1:** Omelet w/ Toast, Juice, Fruit, Milk, Yogurt
- May 2:** Cereal or Muffin, Juice, Fruit, Milk, Yogurt



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Cereal- Toast
Or Pancake on a stick
Juice- Fruit
Milk- Yogurt

2
April Fools' Day
French toast
Sausage or egg
Juice- Fruit
Milk- Yogurt

3
Pop tarts- PBJ
Or protein Ball
Juice- Fruit
Milk- Yogurt

4
Biscuits & Gravy or
Omelet w/ Toast
Juice- Fruit
Milk- Yogurt

5
Cereal or
Cinnamon roll
Juice- Fruit
Milk- Yogurt

6
Cereal- Toast
Or Pancake on a stick
Juice- Fruit
Milk- Yogurt

7
French Toast
Sausage or Egg
Juice- Fruit
Milk- Yogurt

8
Pop tarts- PBJ
Or Protein Ball
Juice- Fruit
Milk- Yogurt

9
Breakfast pizza
Or omelet w/ toast
Juice – fruit
Milk - yogurt

10
Cereal or muffin
Juice – fruit
Milk – yogurt

11
Cereal- Toast
Or Pancakes
Juice- Fruit
Milk- Yogurt

12
French Toast
Sausage or Eggs
Juice- Fruit
Milk- Yogurt

13
Pop Tarts- PBJ
Or protein Ball
Juice- Fruit
Milk-string cheese

14
Cereal or
Muffin
Juice- Fruit
Milk- Yogurt

15
No school

16
No School
Senior Menu Choices
April 22-25

17
Earth Day
Cereal- Toast
Pancake
Juice- Fruit
Milk- Yogurt

18
Pop Tarts- PBJ
Or Protein Ball
Juice- Fruit
Milk- Yogurt

19
Burrito or
Omelet w/ Toast
Juice- Fruit
Milk- Yogurt

20
National Pretzel Day
Cereal or
Muffin
Juice- Fruit
Milk- Yogurt

21
Cereal – toast –
Pancake on a stick
Fruit – juice
Milk – yogurt

22
French toast
Sausage or egg
Fruit – juice
Milk – yogurt

23
Pop tarts – PBJ
Or protein ball
Fruit – juice
Milk – yogurt

24
Cereal – toast –
Pancake on a stick
Fruit – juice
Milk – yogurt

25
Cereal – toast –
Pancake on a stick
Fruit – juice
Milk – yogurt



May 1: Chicken & Rice or Ham and Bean Soup
Crackers and Cheese, Fruit Cup, Dinner Roll/ Cookie and Milk
May 2: Bacon Cheeseburger Wrap, Chips, Baked Beans, Fruit Cup and Milk



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

April Fools' Day
Homemade pizza
Corn
Fruit cup
milk

1
Pig in the blanket
Or Runza
Green beans
Fruit cup
milk

2
Lasagna or
Chicken alfredo
Green beans
Fruit cup
Dinner roll
Milk

3
Chicken rice or
vegetable beef w/
crackers & cheese
Fruit cup
Dinner roll/ cookie
milk

4
Fish or chicken
sandwich
Chips
Baked beans
Fruit / dinner roll
milk

7
Burrito
w/ lettuce -cheese-salsa
Corn
Fruit cup
milk

8
Turkey or ham w/ stuffing
Mashed potatoes w/ gravy
Fruit/pumpkin cake
dinner roll
milk

9
Tator tot casserole or
Mac & Cheese
Carrots
Fruit cup
Dinner roll
milk

10
Beef & Noodles or
Potato soup
w/ crackers & cheese
Fruit cup
Dinner roll
milk

11
Hot ham & Cheese
Fish
Chips
Baked beans
Fruit cup
milk

14
Chicken nuggets
Corn
Fruit cup
Dinner roll
milk

15
Meat loaf
Mashed potatoes
Fruit cup/cake
Dinner roll
milk

16
Turkey sandwich
Chips
Baked beans
Fruit cup
milk

17
Chili cheese fries
Or stuffed potato
Fruit cup
No bake cookie
Dinner roll
milk

18
No School

21
No School
Senior meal choice
April 22-25

22
Earth Day
Pancakes
Sausage
Fruit cup
Cinnamon roll
milk

23
Creamed chicken w/
biscuit
Mashed potatoes
Cheesy broccoli
Fruit/carrot cake
milk

24
Chicken Philly
Chips or cheesy
potatoes/ Baked beans
Fruit cup/ ice cream
milk

25
No School

28
Burrito
w/lettuce-cheese-salsa
Green beans
Fruit cup
Milk

29
Chicken noodle
Mashed potatoes
Fruit cup peach pie
Dinner roll
Milk

30
Spaghetti w/
meat sauce
corn
Fruit cup
Garlic Bread and Milk



Sargent Public Schools

Calendar

<div style="display: flex; justify-content: space-around; align-items: center;"> April ▼ 2025 ▼ </div>						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 8:00am: MNAC Music Contest @ Thedford 1:00pm: Track & Field Boone Central Invite	2 State FFA Convention	3 State FFA Convention	4 State FFA Convention	5
6	7	8 10:00am: Track & Field Rock County Invite 7:00pm: School Board Meeting	9	10 FBLA State Leadership Conference 6:30pm: K-6 Storybook Theatre Night	11 FBLA State Leadership Conference 6:00pm: Family Fun Night	12 FBLA State Leadership Conference
13	14 7:00pm: Sargent Elementary Spring Concert	15 10:00am: JH Track @ North Central Invite	16	17 10:00am: Track & Field @ Burwell Invite 1:00pm: Dismissal- Easter Break	18 No School- Easter Break	19
20	21 No School- Easter	22 9:00am: Track & Field @ Overton Invite 1:00pm: JH Track @ Burwell Invite	23 District Music Contest @ Burwell	24	25 1:00pm: Elementary Trash Pickup	26
27	28 Central Nebraska Track and Field Championships	29 FFA Banquet Time TBD 10:00am: JH Track @ South Loup Invite in Arnold	30 5th & 6th Grade Field STEMFest ESU10			

Sargent Public Schools

400 N 5th Street, PO Box 366

Sargent, NE 68874

PH: 308-527-4119

